

## Hymns in our Personal Lives Idea Sheet

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### Hymn mediums to use

- the computer/internet
- MP3 players/iPods
- CDs/tapes

### Learning/Memorizing

- for uplift to sing out loud or to yourself
- listen to music only CDs as well as music with voices to mix up to help you learn them and be familiar with them
- pick one you've never sung before and learn it
- announce a hymn in RS and then sing it without books at the end of the month
- practice with child/grandchild or alone
- if you play an instrument try learning a new hymn per month
- have kids who are learning to play an instrument learn hymns on that instrument
- conduct yourself for better practice
- memorize all hymns so you can be hands free for all songs

### Sing/Read/Hum/Listen to them while

- in the car (eliminate road rage. . .)
- doing chores
- cooking
- getting ready for church
- doing finances
- playing games
- surfing the internet
- getting ready for bed
- before/after scripture reading
- brushing teeth in morning/evening
- quieting squabbles
- set as ring tone
- set as alarm clock
- feeling you're tired
- feeling you're angry
- feeling down/sad/sick/blah

### Family Home Evening

- Family devotionals
- Open/Closing
- Learn a new hymn
- Ask children for the favorites
- Pick a hymn, study it and corresponding scriptures
- Read the Friend and find hymns to go with the theme.
- Pick a hymn to learn and listen it all

week until it is learned

- Read as poetry
- Learn a primary song with children (teach them, or learn it together)

### Other personal and family use

- Use as background music for any daily task
- Hum throughout the day and think of the words
- Sing blessings on the food
- Personal devotions, write your own hymns or verse
- Carry a small hymn book in purse or car
- Sing primary songs and hymns as lullaby's to kids

### Other musically wholesome ideas and thoughts

- The hymns makes a person more spiritual and makes you feel good all day.
- Listen to the tabernacle choir and other spiritual music on Sundays, you may find that you'll enjoy it so much you'll listen to it during the week as well.
- Take the family to symphony concerts
- Open your heart and feel the beat.
- Listen to and feel sounds of the environment
- There is a song/hymn for every subject, if you can't think of or find one make it up!
- Put out instruments to just be played with.
- If a hymn is going through your head, look it up, as it may be trying to tell you something.
- Get a hymn book for yourself and when you hear a hymn you like mark it in your book, even if you can't read the music you'll be able to ask someone else to help you learn it.
- Learn the mechanics of music to further appreciation through understanding.

### **Free hymns and primary songs at** [www.LDS.org](http://www.LDS.org)

Go to [lds.org](http://lds.org) → Gospel Library → Music  
Music will give you the options to obtain the MP3s themselves for download or listen to them via the interactive music player.  
Resources will give you learning helps with special needs and becoming familiar with the hymn book.  
Learning Materials will help you teach others and help you learn more about music.